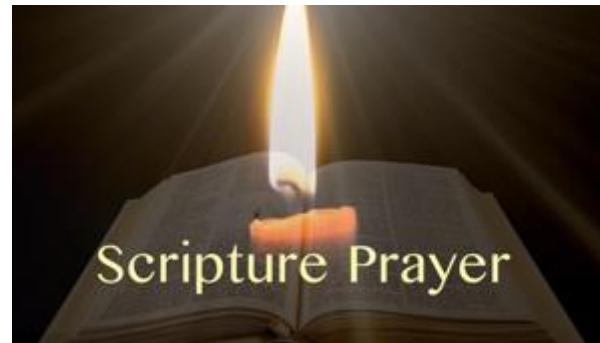


# Emmaus Online Video Prayer And Meditation Library



## **“Scripture Prayer” Series for Adults** [Index Of Themes, Usage and Scripture References](#)

This video series offers image reflections on key words from the Scripture readings for the main liturgical seasons of Advent, Christmas, Lent, Holy Week, Easter and Pentecost.

The images and texts are accompanied by focus questions and reflective music.

Episode	Scripture Reference	Related Themes	Related Liturgical Season, Celebration or Event
<b>Advent</b>			
Mindful And Ready - “Keep awake, for you do not know the day your Lord is coming.”	Mt 24: 42	<ul style="list-style-type: none"> <li>• Mindfulness</li> <li>• Contemplation</li> <li>• Prayer</li> <li>• Waiting</li> <li>• Expectations of God</li> <li>• Spiritual resilience</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Advent – Year A</b></li> <li>• Social Justice</li> <li>• Refugees</li> <li>• All Saints/Souls</li> </ul>

Bearing Fruit - "If you are repentant, produce the appropriate fruit."	Mt 3:8	<ul style="list-style-type: none"> <li>• Authenticity</li> <li>• Integrity</li> <li>• Care for creation</li> <li>• Responsibility</li> <li>• Building for the future</li> </ul>	<ul style="list-style-type: none"> <li>• Advent – Year A</li> <li>• Lent</li> <li>• Reconciliation</li> <li>• Social Justice</li> </ul>
Wilderness - "What did you go out into the wilderness to look for?"	Mt 11:8	<ul style="list-style-type: none"> <li>• Desolation</li> <li>• Emptiness</li> <li>• Hope and forgiveness</li> <li>• Authenticity</li> <li>• Spiritual maturity</li> <li>• Transformation</li> </ul>	<ul style="list-style-type: none"> <li>• Advent – Year A</li> <li>• Lent</li> <li>• Reconciliation</li> <li>• Retreat focus</li> <li>• Anointing</li> <li>• Feast of John The Baptist</li> </ul>
Emmanuel - 'They shall name him Emmanuel "God is with us".'	Mt 1:23	<ul style="list-style-type: none"> <li>• The mystery of the Incarnation</li> <li>• Awareness of God</li> <li>• Presence of God</li> <li>• God's gifts to us</li> <li>• Joy of life</li> </ul>	<ul style="list-style-type: none"> <li>• Advent – Year A</li> <li>• Christmas</li> <li>• New School year</li> <li>• Graduation</li> <li>• Refugee Sunday</li> </ul>
Come To Us O God – "O that you would tear the heavens open and come down to us".	Is 64:1	<ul style="list-style-type: none"> <li>• Longing for God</li> <li>• Suffering</li> <li>• Comfort of God</li> <li>• Waiting</li> <li>• Hoping</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Advent – Year B</b></li> <li>• Social Justice</li> <li>• Reconciliation</li> </ul>
Close To God's Heart – "Like a shepherd he feeds his flock, gathering them in his arms, holding them close to his heart."	Is 40:11	<ul style="list-style-type: none"> <li>• Comfort of God</li> <li>• Protection of God</li> <li>• God's love</li> <li>• God's tenderness</li> <li>• Sickness</li> <li>• Brokenness</li> </ul>	<ul style="list-style-type: none"> <li>• Advent – Year B</li> <li>• Lent</li> <li>• Reconciliation</li> <li>• Social Justice</li> <li>• Refugees</li> <li>• Retreat focus</li> </ul>
God Has Done Great Things – "My soul rejoices in God for God has done great things for me. Holy is God's name".	Lk 1:47 49	<ul style="list-style-type: none"> <li>• Praise and thanksgiving</li> <li>• Gratitude</li> <li>• The wonders of God</li> <li>• The grace of God</li> <li>• Marian Feasts</li> <li>• Relationship with God</li> </ul>	<ul style="list-style-type: none"> <li>• Advent – Year B</li> <li>• Marian Feasts</li> <li>• Thanksgiving</li> </ul>

Nothing Is Impossible – “ The angel said to Mary, ‘Nothing is impossible to God”.	Lk 1: 37	<ul style="list-style-type: none"> <li>• Faith</li> <li>• Trust in God</li> <li>• Miracles</li> <li>• Mystery of God’s ways</li> <li>• Marian Feast</li> <li>• Listening to God</li> <li>• The mystery of the Incarnation</li> </ul>	<ul style="list-style-type: none"> <li>• Advent – Year B</li> <li>• Marian Feast</li> <li>• Renewal of Faith commitment</li> </ul>
Advent: “A Love Story” 4 episodes	Advent scriptures for Year C	<ul style="list-style-type: none"> <li>• God’s inclusive love</li> <li>• The mystery of the Incarnation</li> <li>• The new Universe Story</li> <li>• The mercy and compassion of God</li> <li>• The poverty of Jesus’ birth</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Advent – Year C</b></li> <li>• Cosmology &amp; ecology</li> <li>• Social Justice</li> </ul>
O Antiphons	17 December to 23 December	<ul style="list-style-type: none"> <li>• God’s Presence and blessing</li> <li>• Longing for God</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Advent</b></li> </ul>
<b>Christmas</b>			
The Word Became Flesh – “And made his dwelling among us. From his fullness we have all received grace upon grace.”	Jn 1: 14-16	<ul style="list-style-type: none"> <li>• The mystery of the Incarnation</li> <li>• Salvation</li> <li>• God’s presence</li> <li>• Gift of grace</li> <li>• Life meaning-hope</li> <li>• Fullness of life</li> </ul>	<ul style="list-style-type: none"> <li>• Christmas</li> <li>• Easter Season</li> <li>• Baptism</li> <li>• Triumph of the Cross</li> <li>• Thanksgiving</li> </ul>
The Grace of God – “The grace of God has appeared, Jesus Christ our saviour. God’s glory”.	Titus 2:11 - 14	<ul style="list-style-type: none"> <li>• The mystery of the Incarnation</li> <li>• Salvation</li> <li>• God’s presence</li> <li>• Gift of grace</li> <li>• Life meaning-hope</li> <li>• Fullness of life</li> <li>• The glory of God</li> </ul>	<ul style="list-style-type: none"> <li>• Christmas</li> <li>• Easter Season</li> <li>• Reconciliation</li> </ul>

Hidden Figures – The Mid Wives At Jesus' Birth	Various Christmas scriptures	<ul style="list-style-type: none"> <li>• Marian feasts</li> <li>• The role of women in bring Jesus' to birth</li> <li>• The vulnerability of Mary</li> <li>• Community of women</li> <li>• Inclusivity</li> <li>• The mystery of the incarnation</li> </ul>	<ul style="list-style-type: none"> <li>• Christmas</li> <li>• International Women's Day</li> <li>• Marian Feasts</li> </ul>
<b>Lent</b>			
Where Life Is Found - "One does not live on bread alone, but on every word that comes from the mouth of God."	Mt 4:4	<ul style="list-style-type: none"> <li>• The Kingdom values</li> <li>• Spiritual integrity &amp; maturity</li> <li>• Priorities and goals</li> <li>• Conversion</li> <li>• Discipleship</li> <li>• Importance of scripture</li> <li>• Genuine growth and enrichment</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Lent – Year A</b></li> <li>• Graduation</li> <li>• Bible Sunday</li> <li>• Corpus Christi</li> <li>• RCIA</li> </ul>
Listen To Him - "This is my Son, the Beloved with whom I am well pleased. Listen to him."	Mt 17:5	<ul style="list-style-type: none"> <li>• The mystery of the Incarnation</li> <li>• Scripture and daily life</li> <li>• Discipleship</li> <li>• Commitment</li> <li>• Mindfulness</li> <li>• Prayer</li> </ul>	<ul style="list-style-type: none"> <li>• Lent – Year A</li> <li>• The Transfiguration</li> <li>• RCIA</li> <li>• Missioning rituals</li> </ul>
The Possibility Of God - "Come and see a man who told me everything I have ever done. Could he possibly be the Christ?"	Jn 4: 29	<ul style="list-style-type: none"> <li>• Relationship with God</li> <li>• Images of God</li> <li>• Faith &amp; Belief</li> <li>• Questioning and doubt</li> <li>• Decision making</li> <li>• Finding God in our reality</li> </ul>	<ul style="list-style-type: none"> <li>• Lent – Year A</li> <li>• New Year</li> <li>• Feasts of Evangelists</li> <li>• Mary Magdalene</li> <li>• RCIA</li> </ul>

<p>God's Power At Work - Jesus said, He is blind so that God's power might be seen at work in him.</p>	<p>Jn 9:3</p>	<ul style="list-style-type: none"> <li>• New vision</li> <li>• Grace and healing</li> <li>• Relationship with God</li> <li>• Mission</li> <li>• Discipleship</li> <li>• Praise and gratitude</li> <li>• True faith</li> <li>• Miracles</li> </ul>	<ul style="list-style-type: none"> <li>• Lent – Year A</li> <li>• Pentecost</li> <li>• World Mission Day</li> <li>• Missionaries/Activists</li> <li>• All Saints</li> </ul>
<p>Do You Believe - "If you believe, you will see the glory of God"</p>	<p>Jn 11:40</p>	<ul style="list-style-type: none"> <li>• Walking in faith</li> <li>• Trust in God</li> <li>• The difference God makes to our lives</li> <li>• Confidence in God</li> <li>• Witness</li> <li>• Meaning in life</li> </ul>	<ul style="list-style-type: none"> <li>• Lent – Year A</li> <li>• World Mission Day</li> <li>• Feast of the Transfiguration</li> <li>• All Souls</li> <li>• All Saints</li> </ul>
<p>Heartache – "Jesus threw himself on the ground and prayed, "Father, if it is possible let this cup pass from me; yet, not what I want but what you want."</p>	<p>Mt 26:39</p>	<ul style="list-style-type: none"> <li>• The Passion of Jesus</li> <li>• Suffering</li> <li>• Community trauma</li> <li>• Personal loss</li> <li>• Healing</li> <li>• Trust in God</li> <li>• Surrender to God</li> <li>• Faith</li> </ul>	<ul style="list-style-type: none"> <li>• Lent – Year A</li> <li>• Holy Week</li> <li>• Exaltation of the Cross</li> <li>• All Souls</li> </ul>
<p>The Way Of The Cross – Jesus' Way – Our Way</p>		<ul style="list-style-type: none"> <li>• The Passion Of Jesus</li> <li>• Suffering</li> <li>• Community trauma</li> <li>• Personal loss</li> <li>• Healing</li> <li>• Trust in God</li> <li>• Surrender to God</li> <li>• Faith</li> </ul>	<ul style="list-style-type: none"> <li>• Lent – Year A</li> <li>• Holy Week</li> <li>• Exaltation of the Cross</li> </ul>

<p>God's Promise – "God said, 'This is the sign of the covenant that I make between me and you And every living creature that is with you... I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth."</p>	<p>Gen 9:12 - 13</p>	<ul style="list-style-type: none"> <li>• God's covenant</li> <li>• God's faithful love</li> <li>• Trusting God</li> <li>• Relationship with God</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Lent – Year B</b></li> <li>• Renewal of faith and commitment rituals</li> <li>• Baptism</li> </ul>
<p>God's Beloved - "This is my Son, The Beloved; Listen to him."</p>	<p>Mk 9:7</p>	<ul style="list-style-type: none"> <li>• Jesus, the Son of God</li> <li>• Relationship with God</li> <li>• Listening to God</li> <li>• Being chosen by God</li> <li>• The love of God</li> <li>• Discipleship</li> </ul>	<ul style="list-style-type: none"> <li>• Lent – Year B</li> <li>• The feast of the Transfiguration</li> <li>• Missioning and Commissioning</li> </ul>
<p>God's Wisdom - "The message of the Cross is foolishness for those who do not believe. But to those who believe... God's foolishness is wiser than human wisdom."</p>	<p>1 Cor 1:18 - 25</p>	<ul style="list-style-type: none"> <li>• The mystery of the Cross</li> <li>• The foolish paradoxical wisdom of Jesus</li> <li>• The mystery of God's ways</li> <li>• God's spirit at work in us</li> <li>• Faithfulness of Jesus</li> <li>• The Kingdom values</li> <li>• Understanding God's ways</li> <li>• Trusting God</li> <li>• Suffering</li> <li>• Injustice</li> </ul>	<ul style="list-style-type: none"> <li>• Lent – Year B</li> <li>• The feast of the Triumph of the Cross</li> <li>• Discernment</li> <li>• Social Justice</li> <li>• Funerals</li> </ul>
<p>God's Great Love - "For God so loved the world that God gave God's only Son, Jesus... so that the world might be saved through him".</p>	<p>Jn 3: 16 - 17</p>	<ul style="list-style-type: none"> <li>• God's unconditional love</li> <li>• God's saving grace</li> <li>• The mystery of the Incarnation</li> <li>• Relationship with God</li> </ul>	<ul style="list-style-type: none"> <li>• Lent – Year B</li> <li>• Feast of the Sacred Heart</li> <li>• Prayer for Christian Unity</li> <li>• Social Justice</li> </ul>
<p>God's Glory – "Jesus said, 'The hour has come for the Son of Man to be glorified... Unless a grain... falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit."</p>	<p>Jn 12: 23 - 24</p>	<ul style="list-style-type: none"> <li>• Jesus's mission</li> <li>• The mystery of the Cross</li> <li>• God's foolish wisdom</li> <li>• The mystery of death and Resurrection</li> <li>• Suffering</li> <li>• Paradoxical wisdom of God</li> </ul>	<ul style="list-style-type: none"> <li>• Lent – Year B</li> <li>• The feast of the Triumph of the Cross</li> <li>• Funerals</li> <li>• The Feast of All Souls</li> </ul>

<p>In The Wilderness - "Jesus was led by the Spirit into the wilderness."</p>	<p>Lk 4:1</p>	<ul style="list-style-type: none"> <li>• Power, security, prestige</li> <li>• Vulnerability, hunger, fear</li> <li>• Suffering and human brokenness</li> <li>• Growth and Transformation</li> <li>• God's way</li> <li>• Authenticity</li> <li>• Owning oneself</li> <li>• Trusting God</li> <li>• The authenticity of Jesus' humanity</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Lent – Year C</b></li> <li>• Missioning and Commissioning rituals</li> </ul>
<p>My Chosen One - "Jesus took Peter, John and James up the mountain to pray".</p>	<p>Lk 9:18</p>	<ul style="list-style-type: none"> <li>• Discipleship</li> <li>• Prayer &amp; listening to God</li> <li>• Jesus' the Son of God</li> <li>• Relationship with God</li> <li>• Chosen and called by God</li> </ul>	<ul style="list-style-type: none"> <li>• Lent – Year C</li> <li>• The feast of the Transfiguration</li> <li>• Missioning and Commissioning</li> </ul>
<p>Bearing Fruit - "A man had a fig tree that bore many leaves but no fruit."</p>	<p>Lk 13:13</p>	<ul style="list-style-type: none"> <li>• Honouring one's gifts</li> <li>• Faithfulness</li> <li>• Doing the best you can with what you have been given</li> <li>• Nourish the gift of life</li> <li>• Patience</li> <li>• Trust</li> <li>• Faith</li> </ul>	<ul style="list-style-type: none"> <li>• Lent – Year C</li> <li>• Discipleship</li> </ul>
<p>Homecoming – "While the son was a long way off, the father saw him, and filled with compassion, he ran to his son, wrapped his arms around him and kissed him.</p>	<p>Lk 15 - 20</p>	<ul style="list-style-type: none"> <li>• God's unconditional love</li> <li>• Forgiveness</li> <li>• Reconciliation</li> <li>• Authenticity</li> <li>• Growth and transformation</li> </ul>	<ul style="list-style-type: none"> <li>• Lent – Year C</li> <li>• Reconciliation</li> <li>• Father's Day</li> </ul>
<p>Throwing stones – "Jesus said to them, 'Let anyone who has never sinned cast the first stone.'"</p>	<p>Jn 8:8</p>	<ul style="list-style-type: none"> <li>• God's way of forgiveness</li> <li>• Integrity</li> <li>• Respect</li> <li>• The Kingdom values</li> <li>• Morality and justice</li> </ul>	<ul style="list-style-type: none"> <li>• Lent – Year C</li> <li>• Reconciliation</li> <li>• Social Justice</li> </ul>

No Greater Love - "Jesus had always loved his own, but now he showed the depths of his love."	Jn 13:1	<ul style="list-style-type: none"> <li>• God's unconditional love</li> <li>• God's saving grace</li> <li>• The mystery of the Incarnation</li> <li>• Relationship with God</li> </ul>	<ul style="list-style-type: none"> <li>• Lent – Year C</li> <li>• Holy Week</li> <li>• The Feast of the Sacred Heart</li> </ul>
<b>Easter</b>			
Jesus Is Risen –"He has been raised from the dead and is going before you into Galilee; there you will see him."	Mt. 28: 1-10	<ul style="list-style-type: none"> <li>• Resurrection</li> <li>• New Life</li> <li>• Hope</li> <li>• The power of God's Grace</li> <li>• Faith</li> </ul>	<ul style="list-style-type: none"> <li>• Easter Season</li> <li>• Funerals</li> </ul>
Alive In God –"Just as Jesus was raised from the dead by the glory of God, so too might we walk in new life, alive to God in Jesus."	Rm 6: 4,11	<ul style="list-style-type: none"> <li>• Resurrection</li> <li>• New Life</li> <li>• Hope</li> <li>• The power of God's Grace</li> <li>• Faith</li> </ul>	<ul style="list-style-type: none"> <li>• Easter Season</li> <li>• Funerals</li> </ul>
Our God Lives – "Why do you seek the living one among the dead? He is not here, he has risen."	Lk 24:5	<ul style="list-style-type: none"> <li>• Resurrection</li> <li>• New Life</li> <li>• Hope</li> <li>• The power of God's Grace</li> <li>• Faith</li> </ul>	<ul style="list-style-type: none"> <li>• Easter Season</li> <li>• Funerals</li> </ul>
<b>Pentecost</b>			
At Home In The Spirit – "Jesus said, 'if you love me keep my commandments... The Spirit will come to you and we will make our home in you.'"	Jn 14:15 - 24	<ul style="list-style-type: none"> <li>• The Gift of the Spirit</li> <li>• God's Indwelling</li> <li>• The sacredness of our humanity</li> <li>• God's love</li> <li>• Love of God and others</li> <li>• Discipleship</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Pentecost – Year A</b></li> <li>• Confirmation</li> <li>• Mission and Commissioning rituals</li> </ul>



Filled With The Spirit- “ I will put my spirit within you and you shall live.”	Ez 37:14	<ul style="list-style-type: none"> <li>• The Gift of the Spirit</li> <li>• God’s Indwelling</li> <li>• The sacredness of our humanity</li> <li>• God’s love</li> <li>• Love of God and others</li> <li>• Discipleship</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Pentecost – Year B</b></li> <li>• Confirmation</li> <li>• Mission and Commissioning rituals</li> </ul>
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