

Emmaus Online Video Prayer And Meditation Library



“Holy Mystery” Series for Adults

Image and text reflections and mediations on the New Universe Story,
inspired by Laudato Si (Pope Francis).

Thematic Index

Episode	Theme and Focus
A Great Heart	“God has a great heart. Only a divine artists with such huge longing would have the beauty and tenderness of imagination to dream and create such a wonderful universe.” <i>John O’Donohue</i>
A Magnificent Whole	Evolution... asserts that we are part of a magnificent whole that consists of a vast web of relationships, an organic and cosmic body that evokes pure wonder! <i>Judy Cannato</i>

A Speck In The Universe	We are just a speck in the universe, but we are beings with the capacity to feel comprehensive compassion... an empathetic being who can flow into and become one with the intimate feelings of any being. <i>Brian Swimme and Mary Evelyn Tucker</i>
Be Amazed	“Be Amazed! Be filled with reverence! Contemplate! Be entranced by the wonder of the Universe.” <i>Mary Southard csj</i>
Consideration	God has arranged everything in the universe in consideration of everything else. Every creature is a glittering, glistening mirror of Divinity. <i>Hildegard of Bingen</i>
Invisible Mystery	“The visible unveiling here, invisible mystery. Sacredness enfolding us here and now.” <i>Celtic Wisdom</i>
Sacred Ground	“Any place is sacred ground for it can become an encounter with the divine presence.” <i>David Steindl – Rast</i>
The Depths of God	How rich are the depths of God... How deep God’s wisdom and knowledge...Who could fathom the mind of God... All that exists comes from God. <i>Romans 11: 33; 36</i>
Understanding Beauty	“Faith allows us to interpret the meaning and the mysterious beauty of what is unfolding...” <i>Pope Francis (Laudato Si)</i>
What We Need To Know	“We need the scent of the roses and the height of the mountains to grow our thoughts. We need the whistling wind and crashing ocean to stir our spirits. We need to hear the lark at dawn and to see the horse in gallop to know who we are, to know that we are part of this world.” <i>Niamh Brennan</i>